

HIKING MINI-WARDROBE

EXPLORE NEW FRONTIERS IN STYLISH, FUNCTIONAL BASICS



1. COOL TEE A wicking-away base layer will keep you dry and comfortable. Columbia polyester tee, \$30.

2. COZY JACKET This zip-collar cover-up is super-soft and breathable. Arc'teryx polyester jacket, \$159.

3. HYDRATION PACK For hands-free H₂O, this holds two litres of liquid in an insulated, leak-proof reservoir, and has padded straps and an external bungee cord harness. Mountain Equipment Co-op nylon pack, \$46.

4. 2-IN-1 PANTS Hidden zippers transform these pants into shorts. Ultra-lightweight fabric means they pack away small and air-dry overnight. Tilley nylon pants, \$159.

5. HIKING POLES Whether you're on gravel, sand, soil or ice, these sturdy sticks are up to the challenge, thanks to changeable "feet." They're adjustable in length and have a moisture-absorbent handle. KeenFit walking poles, aluminum-alloy, \$90.

6. CUSHY SOCKS Light padding at the heel, toe and sole protect hard-working feet. WindRiver Outfitting Company merino wool/nylon blend socks, \$13.

7. TOUGH SHOES A rugged outsole and climbing-grade rubber toe give you traction and durability over wet and dry land. Timberland Gore-Tex and leather trail shoes, \$150.

8. PEST CONTROL This pleasantly scented lotion keeps bugs at bay for six hours and comes on a handy carabiner clip. Watkins Insect Repellent Lotion/Key Chain with 28.5% DEET, \$6, 45 mL.

9. TREKKING TOOL Keep your bearings with an easy-to-read compass. Mountain Equipment Co-op Suunto M-3DL plastic compass, \$35.

—Produced by Ingrid Williams

♦ For where to buy, see page 145